



"As the Israeli Champion of Surfing, I exercise on regular bases. I run, lift weights and do yoga . I was introduced to LifeWave patches through a friend of mine. I first tried the energy patches while weight lifting. While exercising I felt that I had more energy, and felt less tired, which is what I usually feel during my exercise. I believe that what caused the improvement was the LIFEWAVE energy patches. It had an amazing influence on my abilities during the exercise. I sincerely recommend people to try the patches because they really work!!!"

Aviv Vaknin achievements so far in summary:

92-94: champion of the Israeli Surfing Championship Tour.

95-97: second place in the Israeli Open Surfing Tour.

Between the years 98-2001 he stopped competing because of an injury. He fell off a cliff of 30 meters and was in near death condition.

2001-2003: second place in the Israeli Open Surfing Tour.

2004-2007: Champion of the Israeli Surfing Open Tour.

"My current ranking is first place in the Israeli Surfing Open Championship of 2007, which I just finished. I've competed since 1991 in many European competitions with my fellow Israeli surfers. Competed in the World Open Championship 5 times. Best result was 16 out of 250 competitors."

At a few local competitions he even beat the world's big shot surfers such as- Damon Nicoles (Australia), Sean Holmes (South Africa), Jordy smith (South Africa) and Paul Caning (South Africa). This only comes to show Aviv's ability against the world's best surfers.

His goals are not yet conquered. He would like to win more Championships, but more important, he would like to succeed in surfing competitions around the world, mainly in the World Qualifying Series which it's most competitions take place in Europe.

"I'm looking forward for more goals achieved. I believe I still have much more to prove. I would like to continue working hard and bring surfing in Israel to new levels!"

Sincerely yours,

Aviv Vaknin.