

Hawai'i Woman

ALLURING AND CAPTIVATING

**Fashion
Fundamentals**

New alternatives for
your wardrobe basics

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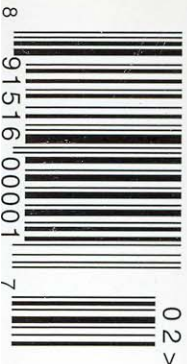
*Life-Long
Friends in
Perfect
Harmony*

CITY MILL
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***Romantic Hues, Rooms,
Relationships, and More***

We take a closer look at all things Valentine's

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Me, Caffeine Free?

Replace that double shot skinny latte with two small patches?

LifeWave has come out with a new solution to help improve energy and stamina. Unlike smokers or dieters patches that put drugs into the bloodstream, the white and the tan patches harness the body's electromagnetic field. This works as "software for the human body," which inventor David Schmidt claims tells the body to burn fat cells as an energy source. Although many athletes, including the US Olympic swimming team, have used the patches to improve performance, Schmidt says that 80 percent of LifeWave's customers are everyday people. "The reason why those people like our product is because they can put on the patches in the morning, take it off at night, and have very constant, stable levels of energy without having to take in caffeine or stimulant to keep them going," says Schmidt.



LPGA tour professional Giulia Sergas sporting LifeWave patches on her knees at a tournament.