SAVOIR FAIRE

My family has a ritual every Sunday. We hear the 7 p.m. mass at the Urutan Village Park, followed by a family dinner at our parents' home. Unless one is sick or has a million-dollar appointment, Sunday night dinner with the folks is a sacred tradition and should not be missed.

Friends are always welcome and sometimes they visit us to give product demos because they know that we are suckers for the latest gadgets and health and beauty products. A few Sundays ago, my sister brought her balikbayan friend Presy and her team from the US, who presented us an interesting product—the LifeWave Patches—which they claimed has healing properties.

Presy suffered from a painful condition called "spurs" on her right foot, while her companion Minda, a nurse by profession, was an invalid for two years after she was attacked by a mentally deranged patient. Both raved that the LifeWave Patches restored them back to health and got them on their feet once more.

Before trying the product, we asked the two ladies how the patches work. They then gave us the brochure that explained everything we wanted to know.

LifeWave technology is based on actual science. Using basic electromagnetic principles and a patented nano-technology, the patches redirect the body's own energy flow, augmenting fat utilization in the musculature and ultimately increasing endurance and stamina. Oftentimes, the results are immediate, sustainable but the eerily actual results obtained from users range anywhere from eight percent to 400 percent improvement.

How does LifeWave Patches work? Passive orthomolecular structures (water, oxygen, electrolytes, amino acids) are contained within LifeWave patches. They are non-transdermal and are completely safe yet they are able to act as a sort of "electromagnetic antenna," passively manipulating electrical information to specific parts of the body. Akin to a conductor of electricity, "the interaction between the patches and the rest of the body is not unlike the effect that occurs in an electrical generator in which electricity is produced from moving magnets or magnetic fields."

They likened it to acupuncture without the needles because the patches are placed on acupuncture points, depending on where the pain is. There are five kinds of patches: the IceWave for pain; the Energy Enhancer for stamina; Silent Nights for restful sleep; the SP6 for safe weight loss; and the Y-Age to boost the immune system.

These patches are safe to use as they are non-transdermal, meaning they don't seep through the dermis.

That evening, two golfers in the family complained of back pains while another suffered from a bad knee. Presy put the IceWave patches (they come in pairs—one tan and one white) on strategic points corresponding to the affected area.

My mother is suffering from a chronic pain in her shoulder making it difficult for her to raise her arm, so Presy placed a tan patch on it and a white patch on her sternum (breastbone). I have a sore throat and the beginning of a cold, so she put a tan patch on my throat and a white patch on my sternum.

The results? The three golfers experienced relief 10 minutes after Presy put the patches on the patches. My mother was able to raise her arm after about 20 minutes with no pain. As for me, I slept with the patches as its effectiveness lasts for 14 hours.

I woke up with no sore throat or any symptoms of a cold. Because of the positive results, I went online and researched these magical patches (www.lifewave.com). LifeWave Patches users' comments vary. Some say it's quackery while others praise the product for enhancing their performance in sports and other activities, relieving them of their pain, making them sleep better and more. Those who used the weight-loss patches are impressed with the results.

Just recently, I had lower back pains after a kickboxing exercise. My sister immediately put the pain patches on the sore spots. In less than an hour, the pain had disappeared. These patches are truly magical for me. Whatever nano-technology formula inventor David Schmidt put in these patches, they are short of miraculous.

Indiana Pacers player Jermaine O'Neal

They work for my family and me! These patches, Presy says, should be used during exercise because "the more strenuous the activity, the more effective LifeWave can be."

Football star David Beckham, Olympic gold medallist Michael Phelps, basketball players Sam Cassell and Jermaine O'Neal are just some of the athletes who use the LifeWave energy-enhancer patches.

These patches can be bought only in the USA but Presy has a website where you can place your order: www.lifewave.com/presmendoza.

For inquiries, e-mail Presy at pres.mendoza@yahoo.com or call 817-6935. It's worth it!